

Bryan City Schools

Health and Nursing Services

2023-2024



Joy Saneholtz, BSN, RN
Elementary Health Office: 419-633-6239
Middle School/High School Health Office: 419-633-6233
E-mail: jsaneholtz@bryanschools.net

Lisa Dulle, Health Aide
E-mail: ldulle@bryanschools.net

Amanda Shy, Health Aide
E-mail: ashy@bryanschools.net

Reporting Absences

In the event of an illness, parents are required to call the schools by 8:30 a.m. If the student has a doctor's note for their absence, please send that note into school when the child returns.

Phone number to call for absences (follow prompts for attendance line)

Elementary (preschool-5th grade): 419-636-6931

Middle School/High School (6th-12th grade): 419-636-4536

When calling in the absence parents should include the following information:

- Full Name of Child
- Parent name
- Date of absence
- Reason for absence-please include symptoms for illness so we can track illnesses in the building

Is my child too sick for school?

Here are some guidelines to help you decide whether your child should stay home. If your child has any of the following symptoms, please DO NOT send them to school. These symptoms would indicate a possible illness that may decrease their ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms every morning:

- Temperature of 100 degrees Fahrenheit or higher.
- New uncontrolled cough that may cause difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline).
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with fever

If you do question whether to send a child to school, please don't hesitate to call the office and ask to speak to the nurse. The nurse would be happy to check on your child during the day at school. This tends to work better than telling them if they don't feel well, you will pick them up. Children can become determined to be sent home; therefore, not being very productive in the classroom.

If your student has the following symptoms, please have your child stay home until symptoms improve and they have met these criteria:

Diarrhea- Your child needs to be FREE OF DIARRHEA before returning to school.

Fever- Your child needs to be FEVER FREE (less than 100 F), WITHOUT fever-reducing medications for 24 hours.

Strep Throat- Your child can return to school after 24 hours of antibiotics and FEVER FREE (less than 100 F), WITHOUT fever-reducing medication for 24 hours.

Eye and Skin Conditions

Conjunctivitis (pink eye)- Your child may return to school after 24 hours of medication.

Lice- Your child may return to school as long as there aren't any live lice bugs in the student's hair.

Impetigo- Your child may return to school after 24 hours of treatment.

Rashes- Your child's healthcare provider should be consulted before returning to school with a suspicious rash

Illness at school

In the event a student complains of being ill at school, the nurse will evaluate your child and determine if your child should be sent home at that time. If your student needs to be sent home, parents or appointed caretakers will be contacted. Children will only be released to parents/guardians or the designated contacts on a student's emergency contact list.

Emergency Medical Information

At the beginning of the school year, and when enrolling a new student, parents are required to provide current emergency contact/medical information in the online form. Please list local people, if possible, to be contacted if parents cannot be reached in an emergency. In addition, **please keep your child's medication, allergies, and health history up to date.** In the event of an emergency, this information can be vital to health personnel.

Food Restrictions/Allergies

If your child requires special dietary needs due to a medical condition or an allergy please contact the school nurse to set-up an action plan.

If your student has a lactose allergy and requires a milk substitute for lunch, please provide the school with a note from your child's healthcare provider stating that.

We cannot substitute food based on child preferences, but the child has the option to pack their lunch and bring it to school. Lunch menus are available online and in the school offices.

Gym/Recess Restrictions

In the event your child has an injury or an illness that limits or inhibits participation in gym or recess, **a written note from the treating healthcare provider** needs to be on file in the office stating reason for restriction and length of time the restriction is needed.

Lice

What is Head Lice?

Head lice are most commonly found in children ages 3-12. It is not a sign of uncleanliness and does not transmit disease. Lice are usually acquired by direct head to head contact with a person's hair that has live lice. It is less likely to come from personal items like hats, combs or brushes. Schools are not a common source for the spread of head lice. A child with active head lice has likely had the infestations for a month or more at the time it is discovered.

What to look for:

- Persistent itching or tickling of the scalp. You may notice raw areas or scratch marks on your child's scalp or nape of their neck.
- Louse/Lice- is an insect the size of a sesame seed and usually pale gray in color. It can crawl fast, but it cannot jump or fly. A louse lives on the human head (not on pets). Survival off the scalp beyond 48 hours is extremely unlikely.
- Nits- These are tiny eggs that firmly attach to the hair, close to the scalp, with a "glue-like" substance that makes nits very difficult to remove. They are white, silvery or light brown in color. A nit cannot be brushed from the hair. It can be removed only by pulling it down the entire length of the hair shaft. Be especially diligent about checking the hair at the nape of the neck, the crown and above the ears

What is Bryan City Schools Head Lice Policy?

Whenever a student is found to have live lice bugs in their hair, his/her parent/guardian will be notified and requested to pick the child up immediately. When the parent picks up his/her child, the parent will be informed that the student needs to be treated before she/he returns. The student can and should return to school after the initial treatment is given. No more than one day of school should be missed. Upon returning to school, the health office staff will check the student's head for live lice, if no live lice bugs are found the student can remain in school. The health office staff will continue to monitor the student for lice until there isn't any evidence of lice activity.

Treatment for Head Lice

1. Use a lice-killing shampoo. Lice shampoo can be purchased over the counter at your local store, or a prescription can be prescribed through your family physician. Follow the directions on the shampoo box. (Be sure to check everyone living in your household.)
2. Remove the nits (lice eggs). **This is the most important step.** A lice comb usually comes with the shampoo, but will rarely remove all of the nits. You will have to use your fingers to pull the nit down the entire length of the hair shaft. This is a tedious process but it is important. If the nits are not removed you risk the chance that those nits will hatch and your child will be infested again. Continue to examine your child's hair (and all those affected in your household) for **2 weeks** to make certain that no new nits appear. Paying close attention to the nape of the neck, crown and the area above the ears. If you continue to find dark brown nits that are close to the scalp then you have not eliminated the problem.
3. Clean the home environment. Wash family bed linens and towels. Wash any articles of clothing (in hot water) including hats, coats, and scarves that have been recently worn. Dry those articles in the dryer on high heat for at least 20 minutes. Anything that cannot be washed like stuffed animals, should be put in a garbage bag and sealed tightly for at least 2 weeks. Carpeting and furniture should be vacuumed thoroughly. Combs and brushes should be soaked in hot water (150 degrees) for 5-10 minutes.

Follow up: Check everyone's hair daily for 2 weeks. After 2 weeks if there are still nits or lice you will need to repeat the process.

Health Screenings

Health screening guidelines are maintained and monitored by the Ohio Department of Health. The following is the screening schedule for Bryan City Schools.

Preschool- Hearing and Vision

Kindergarten- Hearing and Vision

1st Grade- Hearing and Vision

3rd Grade- Hearing and Vision

5th Grade- Hearing and Vision

7th Grade- Vision

9th Grade- Hearing and Vision

11th Grade- Hearing and Vision

New Students to the District- Hearing and Vision

If your child fails in any screening area, a re-screen will be conducted. If at that time they do not pass, a referral letter will be sent home encouraging that your child have a complete professional exam.

Medications at school

If your child will need medications at school, the medication form may be obtained in the school office or downloaded from the school website. **PLEASE NOTE MEDICATIONS SHOULD NOT BE SENT TO SCHOOL WITH A STUDENT**, a parent/guardian needs to fill out the medication form and bring the form and medication to school.

If your student needs to take non-prescription medications in school- A parent will need to complete the Medication Form. You may skip the prescriber's signature line.

If your student needs to take prescription medications in school- Take the Medication Form to your doctor. Once the doctor completes and signs the form, please return the form to the school office or have the doctor's office fax it to the school.

- The appropriate Bryan City Schools Medication Form must be completed and accompany **ALL** medications, including signatures of the parent/guardian and prescribing healthcare provider for prescription meds.
- Per state law medications cannot be given in school without the properly completed medication form.
- All medications must be in the correctly labeled bottle. Medications sent in a baggie, envelope, or plastic container will not be accepted. Medications **MAY NOT** be sent to school with the student. They should be brought into school by the parent or guardian.
- No medication of any kind will be allowed on the school buses with the exception of emergency medications; Insulin, Inhalers and EpiPens.
- Emergency medications, as noted above, can be carried by the student, unless it is felt that the student is not mature enough or responsible enough to take the medication without supervision.
- All medications will be stored in the school office. The student will report to the office to take the medication. Exceptions might be made in contained classroom situations and self-carry medications listed above.

Immunizations

All Cubdergarten/Kindergarten students and new students at any grade level must provide proof of immunizations in order to attend school. Please note that all Bryan City School students must comply with this requirement, as written by the Ohio Department of Health, by the 15th day of the calendar school year or the student will be excluded from attending classes.

Immunizations Required For Ohio Students

DTaP, DPT or DT	Must have 5. (Only 4 are needed if the 4th one was given after the 4th birthday.)
Polio	Must have 4. (Only 3 are needed if the 3rd one was given after the 4th birthday, must have 1 polio vaccine given after 4th birthday.)
MMR	Must have 2
Hepatitis B	Must have 3 (the third one given at 6 months of age or older)
Varicella	Must have 2
Tdap booster	Required for all students in 7-12th grades
MCV4	Required for all 7th and 12th grade students (12th grade students must have 2 doses of MCV4, unless the first dose is given after they are 16 years old, then only 1 dose is needed).

****All Cubdergarten/Kindergarten** students need to have received their Kindergarten booster vaccines (DTAP, POLIO, MMR and Varicella).

****All 7th grade** students need to have received a Tdap and meningococcal conjugate vaccine (MCV4).

****All 12th grade** students need to have received the meningococcal conjugate vaccine (MCV4).

As vaccines are given, please send an updated record to the school. If you have chosen not to vaccinate your child for religious, ethical or medical reasons, a Bryan City Schools Immunization Waiver Form needs to be completed and filed in the office. The State of Ohio and Bryan City Schools will honor these objections; however, you must understand that your child may **immediately and automatically be excluded from school** in the event of an outbreak of disease for which your child is not properly immunized.

Confidentiality Statement

Please be assured that your child's health information will be kept in the strictest confidence in accordance with the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA). Health information is only shared with staff members directly involved in your child's education who may need to know this information to maintain his/her health and safety.

Promoting and supporting children's health so they can achieve academic success is our goal. If ever you have a question, please call the school nurse, I would be happy to assist you.